



The premier recruitment and education source for Spine professionals

## 2012 Long Island Spine Summit

**Saturday, April 21, 2012**

7:00 AM – 5:30 PM

190 Duffy Avenue , Hicksville, New York

### TO REGISTER!

Register & pay online at: [www.spine-search.com/register](http://www.spine-search.com/register)

### REGISTRATION FEES

Registration fees include breakfast, lunch, lecture materials and CME credits.

\$159.00 NP, PA, RN, PT, ST

\$125.00 Student Discount

Pre-registration is highly recommended as seating is limited.

For more information: contact Jennifer Jarvis, (646) 794-8656 or [jen.jarvis@spine-search.com](mailto:jen.jarvis@spine-search.com).

Confirmation: All registrants will receive a confirmation via email.

Cancellation: Can be made up to 72 hours prior to symposium date. Full amount will be credited to future event in any location. No cash refunds.

### LOCATION:

190 DUFFY AVENUE

HICKSVILLE, NEW YORK 11801

516.484.0897

**\*\* Walking Distance from the Hicksville Train Station \*\***

### DIRECTIONS:

#### Eastbound – Long Island Expressway

Take Long Island Expressway to exit 41s. Make right at light onto 106/107 and continue south. About 1 mile down bear right (toward Bellmore 106). Go under the railroad tracks and make the first right onto Duffy Avenue. Take Duffy Avenue about ¼ mile. Fusion will be on your right next to the Verizon building.

#### Westbound – Long Island Expressway

Take Long Island Expressway to exit 41s. Make left at light onto 106/107 and continue south. About 1 mile down bear right (toward Bellmore 106). Go under the railroad tracks and make first right onto Duffy Avenue. Take Duffy Avenue about ¼ mile. Fusion will be on your right next to the Verizon building.

#### From Wantagh Parkway North

Hicksville/Old Country Road east. Take Old Country Road to Underhill Road. Make a left onto Underhill Road. Take Underhill all the way up and Fusion will be in front of you.

#### Northern State

Take exit 35s and follow same directions as Long Island Expressway once on 106/107.



SpineSearch LLC  
306 East 15th Street  
Suite 1R  
New York, New York 10003



The premier recruitment and education source for Spine professionals

2012  
Long Island  
Spine  
Summit

An Introduction to  
Best Practice in The  
Surgical Treatment  
of Spinal Disorders

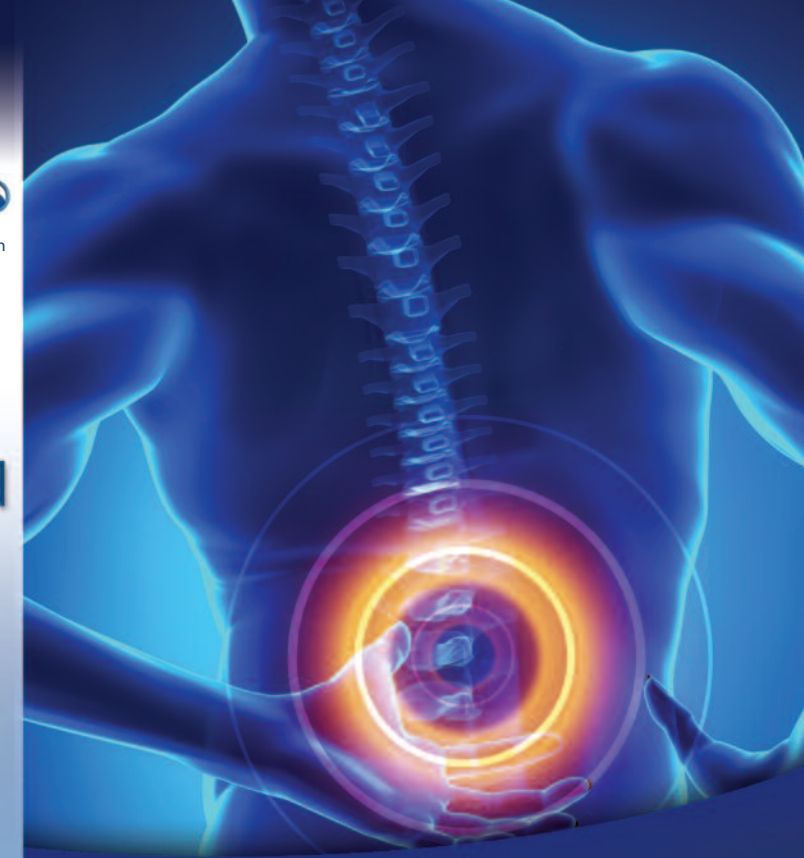
Saturday, April 21, 2012

Register online at  
[www.spine-search.com/register](http://www.spine-search.com/register)



The premier recruitment and education source for Spine professionals

## 2012 Long Island Spine Summit



## An Introduction to Best Practice in The Surgical Treatment of Spinal Disorders

**Saturday, April 21, 2012**

7:00 AM – 5:30 PM

190 Duffy Avenue , Hicksville, New York

### TARGET AUDIENCE

Nurse Practitioners, Physician Assistant's, Physical Therapists, Registered Nurses, Surgical Technologists, and all other spine professionals.

### ACCREDITATION- 7 Contact Hours (CME/CE)

- Registered Nurses
- Nurse Practitioners
- Physician Assistants
- Physical Therapists - 4.8 Hours CME
- Surgical Technologists

## 2012 Long Island Spine Summit

# An Introduction to Best Practice in The Surgical Treatment of Spinal Disorders

### PURPOSE:

To educate and empower **spine professionals** with knowledge regarding spine anatomy, pathology, diagnoses and surgical treatment options. .

### DESCRIPTION:

**2012 Long Island Spine Summit** is an authoritative educational program that educates spine professionals about common spine conditions. It will empower your career in healthcare, increase your knowledge base in this highly specialized field, harness your intuitive vision, and offer a career of uncompromising integrity.

### SUMMARY OF OBJECTIVES:

- To educate and empower Registered Nurses, Surgical Technicians, Nurse Practitioners, Physician Assistants and Physical Therapists in the field of Spine
- Discuss the history and evolution of the treatment of spinal disorders
- Identify the five most common spinal disorders
- Identify essential components of the history and physical exam for identifying spine disorders
- Identify the five most common disorders on radiographic imaging: Xray, MRI, CT
- Identify non-operative treatment options for the five common spinal disorders discussed
- Identify operative treatment options in the setting of spinal disorders, patient risks/benefits
- Explain the role of communication and barriers of effective communication
- Identify three outcomes for nursing intervention
- Describe the future direction of the nurse's allied health role in the care of spine patients

### ACCREDITATION- 7 Contact Hours (CME/CE)

**Registered Nurses/ Nurse Practitioners-** This activity has been submitted to the Massachusetts Association of Registered Nurses, Inc., for approval to award contact hours. Massachusetts Association of Registered Nurses, Inc., is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's COA.

**AAPA-** This program has been reviewed and is approved for a maximum of 7 hours of AAPA Category I CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

**AST-** This continuing education activity is approved by the association of Surgical Technologists, Inc. for 7 CE credits for the CST and CSFA.

**New York Physical Therapist Association-** Pending for New York State Approval.



## AGENDA

**Saturday, April 21, 2012**

7:00 AM – 5:30 PM

7:00 - 7:30 **SIGN IN/CONTINENTAL BREAKFAST**

7:30 - 8:30 **An Introduction to The Evolution of Spine Care**

- Objectives:*
- To define the history and evolution of spine surgery
  - Discuss present state of spine surgery
  - Discuss the future of spine surgery

8:30 - 9:30 **An Overview of Spine Anatomy, Pathology, and Diagnoses**

- Objectives:*
- Identify normal spine anatomy: cervical, thoracic and lumbar spine
  - Identify three components of the spinal column: vertebra, disk, nerve roots
  - Identify supportive spinal structures: muscle, ligaments, tendons

9:30 - 9:45 **BREAK**

9:45 - 10:45 **Physical Assessment of The Musculoskeletal and Neurological System**

- Objectives:*
- Identify three key components of the patient history
  - Identify three tests of the musculoskeletal system

10:45 - 11:45 **Herniated Disk, Degenerative Disk Disease**

- Objectives:*
- Define Herniated Disk, Degenerative Disk Disease
  - Recognize these two disorders on Imaging

11:45 - 12:30 **LUNCH**

12:30 - 1:30 **Stenosis, Spondylolisthesis and Vertebral Fracture**

- Objectives:*
- Define Stenosis, Spondylolisthesis and Vertebral Fracture
  - Recognize these three disorders on Imaging
  - Stenosis / Spondylolisthesis / Vertebral Fracture

1:30 - 2:30 **The Surgical Patient: Pre and Post Operative Considerations**

- Objectives:*
- Understand the risks and benefits of surgical intervention
  - Understand the process of obtaining informed consent
  - Identify five behavioral/psychosocial issues associated with spine surgery
  - Identify three abnormal postoperative exam findings

2:30 - 3:30 **Case Presentations**

- Objectives:*
- To Identify common spinal disorders based on physical exam findings and image interpretation
  - Group discussion

3:45 - 5:15 **Saw Bone and Cadaver Workshop (Non-CE)**

- Objectives:*
- To identify instrumentation necessary to perform spine surgery
  - Hands on workshop demonstration of various surgical techniques including; lumbar fusion, laminectomy, discectomy, trauma

5:15 - 5:30 **Wrap Up**

Question and answer session

## KEY NOTE SPEAKER



**Nicola Hawkinson, DNP, RN, RNFA** is the founder of SpineSearch, a company dedicated to the continuing educational needs of orthopedic and spine staff: both administrative and clinical. As an Adjunct Clinical Professor, Nicola teaches physical assessment to registered nurses enrolled in NYU's master's program for Adult Nurse Practitioners. Nicola received a Bachelor of Science in Nursing from the University of Delaware and a Master of Arts, Adult Acute Care Nurse Practitioner, from New York University and her DNP from Case Western Reserve University in Cleveland, OH.

Nicola has over 10 years of clinical experience, she is a member of the North American Spine Society, Nurse Practitioners of New York and the National Association of Orthopedic Nurses. Nicola authored "Preparing for Your Recovery from Spinal Surgery", has published research on spinal deformity and presented at prestigious national congresses.



SpineSearch